

RINGMER TRIATHLON 2018

FINAL Results

HHT: The Ringmer Triathlon. Sunday - 19 Aug 2018

Version v0

[British Triathlon age group categories](#)

Rac Rank	RaceNo	Name	AgeGrp	Team	Swim	Bike	Run	FINISH	Rems
Ringmer Tri/Dua - Standard Triathlon									
1	161	Tom White (m)	D	Weald Tri Club	00:11:04	01:05:32	00:35:52	01:52:28	
2	156	James Cox (m)	I	Freedom Tri (Crowborough)	00:14:17	01:08:28	00:35:08	01:57:53	
3	158	Nick Ripley (m)	I	Team Jameson	00:12:12	01:10:30	00:40:31	02:03:13	
4	154	Ian Allen (m)	I	Team Jameson	00:13:07	01:10:49	00:43:22	02:07:18	
5	148	Dean Taylor (m)	I	Freedom Tri (Crowborough)	00:16:40	01:12:41	00:38:16	02:07:37	
6	143	Timothy Cole (m)	F	Tri-Surrey Tri Club	00:16:10	01:15:58	00:36:50	02:08:58	
7	136	Michael Whiddett-Adams (m)	F	Tri-Tempo (Eastbourne)	00:14:35	01:13:33	00:42:47	02:10:55	
8	155	Kevin Turner (m)	I		00:15:15	01:19:14	00:42:15	02:16:44	
9	132	Jon Collett (m)	I	Tri-Tempo (Eastbourne)	00:17:47	01:12:22	00:47:29	02:17:38	
10	147	Owen Marfany (m)	J		00:15:04	01:20:14	00:43:16	02:18:34	
11	152	Kevin Battell (m)	K	Freedom Tri (Crowborough)	00:16:48	01:18:15	00:43:52	02:18:55	
12	150	Chris Fenn (m)	E		00:15:29	01:21:18	00:43:13	02:20:00	
13	151	Heather Stevens (f)	F	Freedom Tri (Crowborough)	00:16:02	01:20:54	00:43:06	02:20:02	
14	130	Justin Goldman (m)	J		00:18:12	01:19:46	00:43:45	02:21:43	
15	137	James Bennett (m)	G		00:17:45	01:23:14	00:40:47	02:21:46	
16	126	Tony Lavender (m)	I		00:25:46	01:16:37	00:40:49	02:23:12	
17	139	Kevin Chapman (m)	I	Swim-1st Tri Club	00:19:44	01:18:26	00:45:09	02:23:19	
18	149	Rebecca Piper (f)	F	Weald Tri Club	00:14:40	01:28:17	00:43:59	02:26:56	
19	144	Sally Norris (f)	G		00:16:29	01:28:18	00:43:20	02:28:07	
20	157	Simon Gould (m)	L	Team Jameson	00:14:06	01:20:29	00:54:09	02:28:44	
21	140	Toby Fuller (m)	E		00:16:24	01:28:18	00:44:07	02:28:49	
22	145	Dean Sanders (m)	J		00:18:57	01:28:33	00:41:21	02:28:51	
23	141	Rebecca Stevens (f)	E		00:17:43	01:23:33	00:48:42	02:29:58	
24	135	Amy Packham (f)	G		00:17:50	01:28:36	00:46:16	02:32:42	
25	146	Danny Nicholls (m)	G		00:14:58	01:24:40	00:57:42	02:37:20	
26	134	Ian Shapton (m)	J		00:22:28	01:26:53	00:48:02	02:37:23	
27	138	Christian Bamforth (m)	H		00:17:58	01:34:18	00:51:50	02:44:06	
28	131	Judith Carder (f)	L	Brighton Tri Club	00:19:46	01:39:11	00:45:28	02:44:25	

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29	133 Sarah Nicholson (f)	D	00:18:41	01:47:47	00:49:18	02:55:46
30	128 Helen Agutter (f)	I	00:20:22	01:46:28	00:54:39	03:01:29
31	129 Sophie Elkins (f)	E	00:25:07	01:47:48	00:59:21	03:12:16

Ringmer Tri/Dua - Sprint Triathlon

Rank	RaceNo	Name	AgeGrp	Team	Swim	Bike	Run	FINISH	Rems
1	594	Matthew Usher (m)	I	Tunbridge Wells Tri Club	00:06:38	00:37:37	00:24:16	01:08:31	
2	587	Roger Moore (m)	J	Freedom Tri (Crowborough)	00:07:11	00:40:05	00:24:43	01:11:59	
3	588	Steven Woodbridge (m)	H		00:07:27	00:39:08	00:25:27	01:12:02	
4	590	Greig Poulter (m)	I	Team GingerMay	00:07:09	00:40:03	00:25:02	01:12:14	
5	596	Warwick Hadley (m)	D	Blackwater Tri Club	00:06:40	00:42:05	00:25:07	01:13:52	
6	586	Kelvin Spencer (m)	K		00:07:29	00:40:39	00:28:29	01:16:37	
7	577	Johanna Dowle (f)	H	Tri-Tempo (Eastbourne)	00:08:02	00:43:28	00:25:46	01:17:16	
8	561	Ben Sealy (m)	H		00:08:40	00:42:22	00:27:09	01:18:11	
9	589	Steve Wilson (m)	J	Les Stables	00:07:53	00:43:37	00:26:56	01:18:26	
10	568	Philip Long (m)	J	Tri-Tempo (Eastbourne)	00:08:14	00:42:21	00:28:47	01:19:22	
11	560	Matt Daly (m)	J	Tri-Tempo (Eastbourne)	00:09:18	00:42:54	00:27:14	01:19:26	
12	565	Edward Clarke (m)	E		00:08:35	00:44:39	00:26:16	01:19:30	
13	552	Mike Hawkins (m)	L	Velocity Multisport	00:09:26	00:42:36	00:27:52	01:19:54	
14	478	Mark Cossey (m)	H	Brighton Phoenix AC & Tri	00:10:44	00:44:33	00:24:38	01:19:55	
15	477	Kevin Burton (m)	L	Tri-Tempo (Eastbourne)	00:10:52	00:41:39	00:28:33	01:21:04	
16	582	Andy Grey (m)	F		00:07:20	00:45:12	00:28:48	01:21:20	
17	489	Terry Puttock (m)	K		00:10:16	00:43:40	00:28:14	01:22:10	
18	615	Jenny Wellman (f)	G		00:08:49	00:45:37	00:27:51	01:22:17	
19	592	Joe Dott (m)	E		00:06:59	00:46:56	00:28:24	01:22:19	
20	580	Andy Marks (m)	E	Tri-Tempo (Eastbourne)	00:08:45	00:46:18	00:28:59	01:24:02	
21	595	Claire Lockwood (f)	F	Tri-Tempo (Eastbourne)	00:06:29	00:50:09	00:27:41	01:24:19	
22	593	Paolo Di Vincenzo (m)	H		00:06:15	00:46:43	00:31:25	01:24:23	
23	611	Guy Mace (m)	H	Tri-Tempo (Eastbourne)	00:08:41	00:48:52	00:27:14	01:24:47	
24	566	Ian Foxall (m)	I	Tri-Tempo (Eastbourne)	00:08:38	00:47:34	00:28:38	01:24:50	
25	581	Mark Jerling (m)	K		00:08:58	00:47:13	00:29:34	01:25:45	
26	579	Paul Wafer (m)	I	Lewes AC	00:08:01	00:48:41	00:29:25	01:26:07	
27	491	Simon Carey (m)	J	Bexhill Runners & Tri	00:10:00	00:48:30	00:28:13	01:26:43	

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28	576 Katy Statham (f)	H		00:08:36	00:50:25	00:27:52	01:26:53
29	578 Julie Honess (f)	H	Tri-Tempo (Eastbourne)	00:08:06	00:50:56	00:29:13	01:28:15
30	556 Chris White (m)	G		00:09:17	00:48:27	00:30:51	01:28:35
31	487 Tim Canham (m)	K		00:09:45	00:50:27	00:28:50	01:29:02
32	496 Louise Murfet (f)	E		00:07:42	00:50:09	00:31:51	01:29:42
33	492 Hannah Edleston (f)	H	Tri-Tempo (Eastbourne)	00:09:27	00:51:57	00:28:28	01:29:52
34	559 Jacqui Hemsley-Lane (f)	H	Tri-Tempo (Eastbourne)	00:08:53	00:50:38	00:30:23	01:29:54
34	597 Mark Bailey (m)	I		00:06:58	00:54:16	00:28:40	01:29:54
36	494 Edward Lay (m)	I		00:09:31	00:51:40	00:29:06	01:30:17
37	476 David Offen (m)	L		00:09:13	00:53:22	00:28:14	01:30:49
38	557 George Message (m)	E	Tri-Tempo (Eastbourne)	00:08:16	00:53:13	00:29:26	01:30:55
39	475 Camilla Moyle (f)	I		00:10:21	00:53:48	00:28:13	01:32:22
40	614 Matt Bridgeman (m)	I		00:09:10	00:50:33	00:32:50	01:32:33
41	591 Henry Alexander (m)	J		00:07:17	00:51:53	00:33:27	01:32:37
42	558 Amy Ross (f)	E	Tri-Tempo (Eastbourne)	00:08:46	00:55:28	00:28:26	01:32:40
43	584 Beejal Gajjar (f)	G	Team Triathlon Europe	00:07:57	00:53:44	00:31:38	01:33:19
44	490 Fraser Hughes (m)	D	Bridge Cafe Triathletes	00:09:29	00:56:21	00:27:45	01:33:35
45	562 Helen Hyde (f)	I		00:08:56	00:51:44	00:33:10	01:33:50
46	571 Richard Burne (m)	L	Bridge Cafe Triathletes	00:07:58	00:51:43	00:34:24	01:34:05
47	170 Nick Farey (m)	L	Tri-Tempo (Eastbourne)	00:12:10	00:51:21	00:30:57	01:34:28
48	473 Richard Cave (m)	M	Tri-Tempo (Eastbourne)	00:10:39	00:51:54	00:32:50	01:35:23
49	142 Matt Hutchings (m)	H	Tri-Surrey Tri Club	00:09:08	00:47:44	00:38:33	01:35:25
50	551 Paul Hewitt (m)	J		00:09:54	00:57:01	00:28:31	01:35:26
51	495 Rebecca Grey (f)	G		00:09:40	00:54:01	00:31:48	01:35:29
52	169 Paul Parkin (m)	N		00:12:41	00:50:46	00:32:27	01:35:54
53	569 Alan Pople (m)	K	Freedom Tri (Crowborough)	00:08:44	00:51:24	00:36:00	01:36:08
54	575 Amanda Bahadur (f)	G		00:09:16	00:55:34	00:32:08	01:36:58
55	573 Meg West (f)	E		00:07:50	00:54:43	00:35:37	01:38:10
56	452 Peter Oates (m)	K		00:11:37	00:53:45	00:32:51	01:38:13
57	493 Marion Spencer (f)	K		00:09:51	00:54:21	00:34:12	01:38:24
58	574 Nicole Proudfoot (f)	G		00:09:07	00:59:29	00:32:23	01:40:59
59	167 Jane Hughes (f)	K	Bridge Cafe Triathletes	00:11:35	00:58:38	00:31:32	01:41:45
60	483 Anastasiya Khomutova (f)	F	Tri-Tempo (Eastbourne)	00:10:00	00:55:55	00:36:43	01:42:38

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61	481	Debbie McDermott (f)	J	Tri-Tempo (Eastbourne)	00:10:09	00:57:25	00:36:07	01:43:41
62	554	Sharon Wheeler (f)	K	Freedom Tri (Crowborough)	00:10:39	00:59:52	00:34:18	01:44:49
63	567	Amy Rollings (f)	F		00:09:58	01:00:05	00:36:03	01:46:06
64	171	Swati Patel (f)	I	Freedom Tri (Crowborough)	00:11:58	01:01:43	00:33:06	01:46:47
65	163	Christine Gibbons (f)	L	Brighton Tri Club	00:10:24	01:01:08	00:35:25	01:46:57
66	485	Ramanan Rajomanohara (m)	F		00:09:22	01:05:35	00:33:28	01:48:25
67	185	Julia James (f)	L	Bridge Cafe Triathletes	00:09:05	00:59:50	00:40:26	01:49:21
68	570	Lara Doheny (f)	F		00:08:25	00:56:13	00:45:19	01:49:57
69	482	Kate Marshall (f)	E		00:08:31	01:08:09	00:33:42	01:50:22
70	162	Dawn Crowe (f)	I		00:11:21	00:59:56	00:40:14	01:51:31
71	168	Elaine Williams (f)	L	Bridge Cafe Triathletes	00:13:12	01:03:45	00:34:42	01:51:39
72	165	Helen Bettridge (f)	F		00:09:35	01:02:19	00:40:16	01:52:10
73	553	Lottie Scaramanga (f)	E		00:07:44	01:04:49	00:40:24	01:52:57
74	472	Ian Graham (m)	J		00:10:42	01:05:27	00:38:44	01:54:53
75	471	Jenny Hindle (f)	K		00:12:21	00:57:53	00:45:40	01:55:54
76	488	Sue Pople (f)	K	Freedom Tri (Crowborough)	00:10:36	01:06:09	00:40:15	01:57:00
77	612	John Brown (m)	Q	Maidstone Harriers	00:14:38	01:01:11	00:42:52	01:58:41
78	164	Stef Mullins (f)	E		00:10:22	01:06:49	00:41:44	01:58:55
79	484	Sarah Cooper (f)	L	Freedom Tri (Crowborough)	00:12:51	01:03:57	00:45:17	02:02:05
80	603	Naomi Hemingway (f)	L		00:11:45	01:13:27	00:43:17	02:08:29
81	564	Lucy Freeborn (f)	H		00:09:18	01:11:06	00:49:55	02:10:19
82	474	Marianne Hunter (f)	K		00:11:34	01:04:50	00:54:06	02:10:30

Ringmer Tri/Dua - Supersprint Triathlon

Rank	RaceNo	Name	AgeGrp	Team	Swim	Bike	Run	FINISH	Rems
1	604	William Carey (m)	D	Bexhill Runners & Tri	00:05:10	00:28:45	00:11:52	00:45:47	
2	602	Matthew Hodson (m)	J		00:04:26	00:28:41	00:17:50	00:50:57	
3	607	Adam Jay (m)	G		00:06:44	00:29:21	00:17:07	00:53:12	
4	600	Valerie Barnes (f)	K	Brighton Multisports	00:04:48	00:29:36	00:20:04	00:54:28	
5	610	Helen Brown (f)	J	Bridge Cafe Triathletes	00:06:44	00:32:19	00:16:04	00:55:07	
6	601	Danielle Smith (f)	E		00:04:23	00:31:03	00:20:15	00:55:41	
7	608	Eleanor Curtis (f)	C		00:05:43	00:32:37	00:17:35	00:55:55	
8	605	Julia Dalbiac (f)	L		00:06:44	00:34:39	00:16:31	00:57:54	

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9	599 Sarah Dow (f)	I		00:04:49	00:31:16	00:22:03	00:58:08
10	613 Justina Ewer (f)	J		00:06:01	00:34:38	00:18:28	00:59:07
11	606 Ann Townsend (f)	K	Hadleigh Hares AC	00:05:46	00:37:19	00:18:47	01:01:52

Ringmer Tri/Dua - Youth Sprint Triathlon [15-16yrs]

Rank	RaceNo	Name	AgeGrp	Team	Swim	Bike	Run	FINISH	Rems
1	583	Henry Allen (m)	A	Team Jameson	00:06:26	00:43:26	00:28:30	01:18:22	

Ringmer Tri/Dua - Duathlon

Rank	RaceNo	Name	AgeGrp	Team	Run-1	Bike	Run-2	FINISH	Rems
1	118	Paul Seuke (m)	G		00:21:59	00:39:30	00:11:01	01:12:30	
2	125	Nick Smith (m)	G	Lewes Wanderers CC	00:24:00	00:36:59	00:12:32	01:13:31	
3	85	Matthew Thomson (m)	G		00:23:41	00:45:11	00:11:38	01:20:30	
4	81	Ian Calver (m)	I	VO2 Maximum Racing Team	00:26:45	00:42:14	00:13:33	01:22:32	
5	86	Jeremy Connor (m)	F		00:24:16	00:47:09	00:12:40	01:24:05	
6	124	Liam Budd (m)	A	Chapel Tristars (Juniors)	00:27:17	00:44:23	00:12:44	01:24:24	
7	122	Allistair Bond (m)	E		00:24:30	00:51:31	00:12:00	01:28:01	
8	44	Katherine Barker (f)	F		00:26:24	00:49:34	00:13:27	01:29:25	
9	10	Janine Booker (f)	I		00:28:12	00:52:39	00:14:06	01:34:57	
10	123	Antony Oliver (m)	H	Tuff Fitty Tri Club	00:30:08	00:45:56	00:20:05	01:36:09	
11	119	Blake Hogben (m)	D		00:29:01	00:51:09	00:16:13	01:36:23	
12	121	Michael Gibbons (m)	L		00:30:43	00:51:12	00:16:50	01:38:45	
13	18	Nadine Thomson (f)	G	Sheffield Tri Club	00:36:59	00:49:35	00:20:28	01:47:02	
14	48	Krysta Broughton (f)	F		00:35:20	01:00:34	00:17:55	01:53:49	
15	120	Stuart Broughton (m)	H		00:35:16	01:00:36	00:17:59	01:53:51	
16	53	Caley Pearce (f)	J		00:36:54	00:59:47	00:18:32	01:55:13	